

Activity Menu



ECHO VALLEY
RANCH & SPA



Yoga - Better blood flow, increased flexibility, and lower stress levels are some of the benefits of Ruesri Dat (Thai Yoga). Join our morning yoga session.

Included in your stay.



Horse Harmony - An immersive experience of connecting with your horse, experiencing nature on horseback, and caring for your horse.

(Maximum riding weight 200 lbs.)

\$180 per person for half-day activity



Survival Spirit - Learn what it takes to survive in the wilderness during this guided adventure. Our guides will share their wilderness knowledge with you, from building shelters and fire to foraging for food and water, and more.

\$120 for up to 4 persons, \$30 each additional



Fly Fishing - Start with a fly-fishing lesson and then enjoy fishing at your leisure, for a rainbow trout catch & release experience.

\$75 per person for introductory lesson



Mountain Biking - Ride through the forests, across the pastures, and along gentle mountain ridges. Mountain bikes and helmets provided for self-guided tours (free of charge), e-bikes available for guided tours.

\$75 per person/tour for guided e-bike tours



Hiking - Guided daily nature walks of 45-90 minutes are always included in your stay.

We also offer the all-day Mount Bowman hike - a climb of approximately 2,700 feet to 7,460 feet with amazing vistas and a mountaintop lunch.

\$500 for up to 2 people, \$150 each additional



Marksmanship - Spend time at our range with one of our experienced guides for target shooting with licensed firearms.

\$80 per person



Archery - An introduction to archery with one of our guides; practice at your leisure after your first lesson at our archery range.

\$40 per person for introductory lesson



Spa - Book a spa treatment in our Cariboo Spa or Sabai Sabai Suite. From Thai Massage to classical Western treatments, we offer a large selection of spa services.

**please note that spa services are priced on the spa menu and are an additional charge.*

All activities and spa services are subject to 10% service charge and 6.65% tax.